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GLENWOOD

• G A Z E T T E •

E

July • 2015

Issue 5 39th Year

Happy 4th of July!

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Dana Sparrer



Joe Hickman & Polly Hunter



Bob Hough

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**Condominium Association:
2015 Executive Officers and Board of Directors**



President:	Cheryl Adam,	596-2860	Directors:	Bob Green	585-7786
Vice President:	Kitty Wagner,	596-8656		Grace Dowd,	595-1244
Secretary:	Jan Troke,	593-8178		Jim Wildes,	474-3066
Treasurer:	Martha Barry,	595-6799			
Parliamentarian:	Charlie Werth,	644-1887			
<u>Office Managers</u>			<u>All Units, Common Grounds, Mowing/ Spraying, (Lawns under unit)</u>		
Cheri Adam	596-2860		Cheri Adam, Chr.	596-2860	
Martha Barry	595-6799		Kitty Wagner	596-8656	
Jan Troke	593-8178		Jim Wildes	474-3066	
<u>Beautification Committee</u>			<u>Irrigation, Lakes & Banks</u>		
Kitty Wagner, Chr.	596-8656		Jan Troke, Chr.	593-8178	
Martha Barry	595-6799		Jim Wildes	474-3066	
Cheri Adam	596-2860		Cheri Adam	596-2860	
<u>Streets, Lights, Drainage (sanitary storm)</u>			<u>Security, Fences & Neighborhood Watch</u>		
Jan Troke Chr....	585-7786		Kitty Wagner, Chr.	596-8656	
Bob Green	593-8178		Bob Green	585-7786	
Grace Dowd	595-1244		Grace Dowd	595-1244	
<u>Supervisor of Labor</u>			<u>Pool/Shuffleboard/Common Areas/ Bldgs.</u>		
Cheryl Adam, Chr.	596-2860		Jim Wildes, Chr.	474-3066	
Jim Wildes	474-3066		Bob Green	585-7786	
			Kitty Wagner	596-8656	
			Cheri Adam	596-2860	

FROM THE DESK OF THE PRESIDENT

Cheri Adam

Paul has been busy with projects around the Community Center. We just gave it a little face lift and it is just what it needed.

Martha, Kitty, & I had a meeting with the Committee that is researching alternative power possibilities. More specifically solar power. We would like to thank them for their hard work and attention to detail.

Street sealing is set to begin on Wednesday, July 8th. Please, do not drive on any street that is blocked off. It is important that we all work together and keep our sense of humor. Try to remember that any upgrade improves all of our property values and enhances the business we all own.

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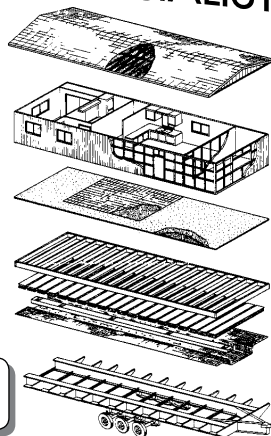
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JULY BIRTHDAYS

7/1	Joyce Herbort	#21	7/17	Marilyn Alcoba	#219
7/1	Peter Stapleton	#216	7/19	Colleen Bulger	#187
7/3	John Geary	#203	7/20	John Williams	#51
7/4	John McAra	#100	7/20	Melody Hawkins	#105
7/5	Czeslawa Bizan	#220	7/23	Jim Melanson	#121
7/12	Bonnie Demoranville	#218	7/24	Robert Morgan	#160
7/12	Barbara Mucci	#73	7/25	Ginger Henderson	#37
7/12	Judy Ridge	#135	7/29	Mark Bloomer	#130
7/13	Christine Lessard	#114	7/29	Pamela Halker	#161
7/13	Joseph Traversy	#183	7/29	Ann Albanese	#170
7/14	Walter Mailhot	#36	7/30	Margelyn Bunnell	#122
7/15	Joan Hull	#173	7/31	Bernard Sullivan	#191

JULY ANNIVERSARIES

7/8	Maxine & Larry Lasecki	#93
7/14	Bill & Maureen Mosler	#8
7/25	Eleanor & Peter Stapleton	#216
7/25	Alsena & Larry Kelly	#217
7/30	Jeanne & Bud Burkett	#165



FROM THE BOARD OF DIRECTORS

In Glenwood golf carts are to stay on the streets. The only golf cart that may drive on any grass is the one belonging to the Association for maintenance purposes in the common areas. No resident should be driving on grass FOR ANY REASON! Especially through other people's yards! This should not have to be said, but, apparently it does.

As residents you ALL have a stake in this business. That said, if anyone sees someone they don't know or someone committing any infraction you not only have the right but a responsibility to approach them and open a dialogue. Board members are not the police and we all have the same interest in what happens in our community.





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STREET SEALING AND REPAIR PROJECT

Jan Troke, Jim Wildes, & Bob Green

The following is information about the repairing and sealing of our streets. Everyone will receive a color coded schedule with this on the reverse side. If there is rain, the work will be done the next day.

People and pets can walk on the streets after 2 hours. Vehicles (bikes, golf carts, cars, etc.) can be on the streets after 2 days (48 hours).

The following is a list of adjustments for the work period:

1. Lake water pumps will be turned off for the duration of the work, 7/7 thru 7/14 depending on the weather.
2. No garbage pick-up on 7/9.
3. Parking rules will not be in effect. Parking will be allowed on the streets, club house, Trash and Treasure building if work is not being done at that time.
4. Grass cutting will be done on 7/7. You will be notified about 7/14.
5. Daily handouts with current information will be distributed to appropriate streets during the work period.
6. U.S. mail will be delivered.



How can you help?

1. Follow walking/driving times.
2. Try not to have UPS/FedEx deliveries during the work period. Other deliveries, i.e., furniture, appliances, etc. will not be allowed in if access requires using streets being worked on or are in the 48 hour drying period.
3. Stock up on groceries and supplies.
4. Volunteer to work at the Access Control Building to direct traffic and make deliveries on a golf cart. A sign-up sheet will be posted later.
5. Call Jan Troke (593-8178) you know of residents who have to go out for Chemo, dialysis, etc.
6. Help your neighbors, if needed, and try to keep smiling.

Thank you for your patience and cooperation.



FROM THE OFFICE

The office will close on Friday, July 24th at 3:00 P.M. and reopen on Monday, August 3rd at 9:00 A.M. Paul will also be out of the Park that week. Do you think he & Linda are running away together? In the event of an emergency, please, contact a Board member.

MAD HATTERS LUNCHEON

Jan Kearney



The Mad Hatters Luncheon will be on Tuesday, July 7th at 12:00 P.M. Our Hostess this month is Jan Kearney and we will be going to Outback Steak House located at 3690 East Bay Drive in Largo. If you need a ride call Jan 542-5935 or Carol Smerker 596-7475.

A special thanks goes to Pat Haacke and Karen Creamer our Hostesses for June. We had a great time at Conch Republic.

SINGLES LUNCHEON

Doris Roche

The Singles Luncheon will be on Friday, July 10th at 12:30 P.M. Our Hostess this month is Mary Estridge and we will be going to E&E Steakhouse located at 1200 North Indian Rocks Road in Bellair Bluffs. If you need a ride call Doris 595-2849.

A special thank you goes to Sue Kelly our Hostess for June. We had a great time at O'Keefes.

IRRIGATION

Let us try, once again, to clarify who is responsible for damage done to your sprinkler heads by the mowers. Contrary to popular belief they are not ALWAYS at fault. Each resident has to be mindful that their irrigation system is functioning properly. This means making sure your sprinkler heads retract to ground level when watering is completed. Let me quote the Rules & Regulations pg. 7, "SPRINKLERS" rule 4. "Sprinkler heads must be located at ground level to prevent damage from lawn cutting. The lawn cutting contractor is responsible for damage to sprinkler heads at ground level. Damage to sprinkler heads above the ground level is the responsibility of the home owner." It is just as simple as that. Proper maintenance of your irrigation system is the best defense you have against damage from the mowers.



FROM THE SOCIAL COMMITTEE

Janet Green, President

Don't forget our July 4th cookout at 2:00 P.M. Hamburgers, hot dogs, tableware, and drinks will be provided just bring a dish to share. Tickets are \$1.00 and may be purchased from Judy Lee at Wednesday night cards, Thursday night bingo, or Saturday morning coffee.

Looking forward to August we will have an ice cream social on the 2nd. The time is 4:00 P.M. but could change so keep an eye on the bulletin board for a possible time change.

NEW RESIDENTS

John & Sonia Dionne moved in to Lot 4. They will be part time residents here.



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THE FUTURE IS SOLAR

On Friday, June 12th Board members Cheri Adam, Kitty Wagner, and Martha Barry met with our ad hoc committee to discuss their findings with regard to the feasibility of solar energy. Mardee, Leasley, and Joadee have spent hours of their time going to town meetings gathering information and meeting with solar companies. Their presentation was impressive and concise and now it's time for Glenwood to look to the future. We will continue to speak with solar companies and give you this information as we get it. Solar energy is the optimal power source of the future and This Board would be remiss in its duties if we didn't investigate ways of saving us all money. To solar power the clubhouse alone could be a big savings affecting our business and future maintenance fees. We will keep you informed as time goes on.

WHO AM I?

Congratulations again to Barbara Strachan for correctly identifying June's WHOARE WE? as Bill & Carol Enboden. How many is that now Barbara? Three in a row?

Here is this month's picture and your clues. Have fun and good luck.

I was born in Redhook, New York. I love to shop till I drop. I love to party. WHO AM I?

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Summer Mailings - If you are heading north for the summer but still want to receive a printed copy of your monthly newsletter, just call our office and sign up for Monthly Media's Summer Mailing Service. We will ship (USPS 1st Class) a printed copy of each month's newsletter to your northern address, for as long as you're away, the cost is \$4 per month. Dozens of residents are already taking advantage. Please see our brightly colored insert for more information.

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.



Emporium/Classified Listing - Do you have an event in your community such as a Bake Sale or Flea Market? An item for sale like an old set of golf clubs that needs to go? Help needed or vendors wanted for an event? Maximize the people that see your listing and use the Emporium! Your listing will be printed & delivered to over 20,000 homes in Pinellas County. See the Emporium page toward the end of the newsletter for more info.



Larger Print Newsletters - At the request of some residents we are now offering Larger Print Newsletters to those who request them. The newsletter type will be approximately 20% larger (16 pt article body type vs. 12 pt normally). There is a small service charge of \$2 per newsletter for those who request. The larger type newsletters can either be delivered to you every month like they are now or we can mail them directly to your home for an additional \$2 per issue shipping charge. Please call Monthly Media (phone number listed below) for more information.



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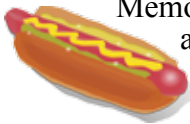
July Is...

Eye Injury Prevention Month. Eye injuries occur at a rate of more than 2,000 per day, with an estimated 1,000 eye injuries occurring in American workplaces alone. In addition to wearing proper safety eyewear, early detection and treatment of eye conditions and diseases are essential to maintaining good vision throughout your life.



Independent Retailer Month. Celebrate independent retailers across the country. Support and shop independent merchants all through the year, and use July as a time to unite for the independent retailers in local communities that help build our economy.

National Hot Dog Month. What better month to enjoy a delicious hot dog? The National Hot Dog and Sausage Council estimates that Americans eat over 7 billion hot dogs between Memorial Day and Labor Day, with 150 million consumed on the Fourth of July alone. Do your part.



Parks and Recreation Month. This year marks 30 years of Parks and Recreation Month, highlighting the enduring importance of parks and recreation for the world. From the start, parks were created to give us a place to appreciate nature, exercise, socialize, and have fun—a mission that lives on into the future.

July Daily News...



World UFO Day, July 2. Have you had a close encounter? Spread the word on this day that explores the unexplained.

Independence Day, July 4. The United States declared its independence from Great Britain on this day in 1776.

Global Forgiveness Day, July 7. “To forgive is to offer opportunity for a new beginning to the offender, and provides a process of healing for the victim.”

Shark Awareness Day, July 14. As much as we enjoy being frightened by this predator of the sea, remember that the shark has a key role to play in keeping marine ecosystems in balance.



World Ranger Day, July 31. Sponsored by the International Ranger Federation to commemorate rangers killed or injured in the line of duty and to celebrate the work rangers do to protect wildlife around the world.

Memory Disorders Center at St. Anthony's Hospital



CONNECTING *families to resources, education and support*

The Memory Disorders Center at St. Anthony's Hospital connects those with memory disorders and their care partners with health care and community resources that can help enhance functioning and treat the symptoms of memory disorders. Led by the clinical director, a neuropsychologist and a licensed clinical social worker, the services of the Memory Disorders Center are free for patients and families.

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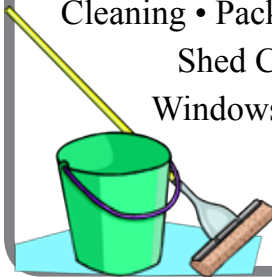
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Eliminate the obstacles to a good night's rest

A good night's sleep is essential to everyone's health, and yet many people have trouble getting the shut-eye they need. If you're not waking up feeling refreshed and ready to start your day with energy, check out these problems that may be preventing you from sleeping soundly:

- Procrastination. You know you should go to bed, but you let yourself get distracted by household tasks or the TV. Set a firm time limit on your evening and stick to it.
- Caffeine. Avoid coffee and other caffeinated drinks after 3 p.m. The effects can linger for up to seven hours, making sleep difficult by the time you need to go to bed.
- Heat. You may not be sweating, but feeling just a little too warm can keep you from dropping off. Try sticking one foot out from under the covers to balance the temperature.
- Stress. The news, your job, or personal worries can make relaxation and sleep difficult. Practice meditation and other techniques to un-tense your body and your mind.
- Work. If your job starts too early in the morning, you'll have trouble waking up and performing well. Try to negotiate a later arrival time. Emphasize how your productivity will increase if you get the right amount of rest.



Prevent back pain before it strikes

Back pain can make your work difficult no matter what job you do. Lifting heavy items is only one potential source of damage; poor posture and repetitive movements can also cause strain and pain. Keep your back in good shape with these general tips from the Mayo Clinic website:

- Get some exercise. Losing weight and staying in shape will decrease wear and tear on your back muscles. Combine aerobic activity with strength training that stretches and strengthens your stomach and back.
- Practice good posture. Your parents were right when they told you to stand up straight. Make a point of keeping your weight balanced on both feet without slouching. Use a chair with good back support, and make sure it's the right height, allowing you to keep both feet flat on the floor and your knees on the same level as your hips.



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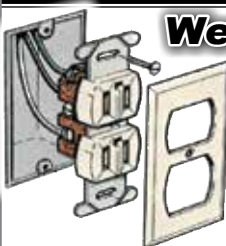
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Sunday	Monday	Tuesday
5	6 AM Walk 8AM Aquadux 9AM Aquadux 12PM Band rehearsal 7PM Shuffleboard 6PM Poker	8AM Aquadux 9AM Aquadux 12PM Band rehearsal 6PM Poker
12	13 AM Walk 8AM Aquadux 9AM Aquadux 12PM Band rehearsal 7PM Shuffleboard 6PM Poker	8AM Aquadux 9AM Aquadux 6PM Poker
19	20 AM Walk 8AM Aquadux 9AM Aquadux 12PM Band rehearsal 7PM Shuffleboard 6PM Poker	8AM Aquadux 9AM Aquadux 6PM Poker
26	27 AM Walk 8AM Aquadux 9AM Aquadux 12PM Band rehearsal 7PM Shuffleboard 6PM Poker	8AM Aquadux 9AM Aquadux 6PM Poker

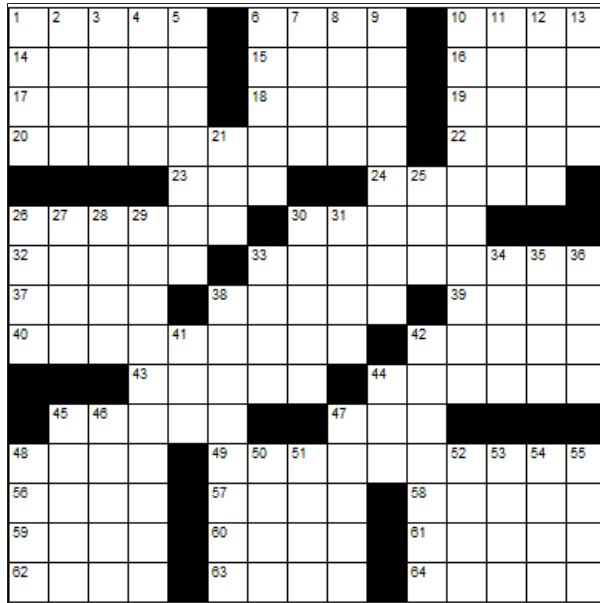
Glenwood Estates

Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AM Walk 8AM Aquadux 9AM Aquadux 5:30PM Hand & Foot 6PM Cards	2 AM Walk 8AM Aquadux 9AM Aquadux 7PM Bingo	3 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime	4 8:30AM Coffee 2PM 4th of July Picnic Independence Day
7 Aquadux Aquadux Mad Hatters Gametime	8 AM Walk 8AM Aquadux 9AM Aquadux 5:30PM Hand & Foot 6PM Cards	9 AM Walk 8AM Aquadux 9AM Aquadux 7PM Bingo	10 AM Walk 8AM Aquadux 9AM Aquadux 12:30PM Singles Luncheon 1PM Gametime	11 8:30AM Coffee
14 Aquadux Aquadux Gametime	15 AM Walk 8AM Aquadux 9AM Aquadux 5:30PM Hand & Foot 6PM Cards	16 AM Walk 8AM Aquadux 9AM Aquadux 7PM Bingo	17 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime	18 8:30AM Coffee
21 Aquadux Aquadux Gametime	22 AM Walk 8AM Aquadux 9AM Aquadux 5:30PM Hand & Foot 6PM Cards	23 AM Walk 8AM Aquadux 9AM Aquadux 7PM Bingo	24 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime	25 8:30AM Coffee
28 Aquadux Aquadux Gametime	29 AM Walk 8AM Aquadux 9AM Aquadux 5:30PM Hand & Foot 6PM Cards	30 AM Walk 8AM Aquadux 9AM Aquadux 7PM Bingo	31 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime	AUGUST 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



ACROSS

1. Daisylike bloom
6. Bygone era
10. Doing nothing
14. Rental agreement
15. Matured
16. Mangle
17. Collection of maps
18. Formally surrender
19. Rump
20. Shield
22. Initial wager
23. Bran source
24. Shabby
26. In a forward direction
30. Sudden burst
32. Crystal-lined rock
33. A guest cabin
37. Space
38. Without company
39. Hawkeye State
40. Gift
42. Stares
43. Poverty-stricken
44. Assault sexually
45. Extraterrestrial
47. Average
48. Blockhead
49. Astounded
56. Hindu princess
57. Razes
58. France's longest river
59. Chocolate cookie
60. Stringed instrument
61. Move forward suddenly
62. Small slender gull
63. Hearing organs
64. Eagerness



DOWN

- | | | |
|---------------------------|-----------------------|-----------------------------|
| 1. Wings | 21. Knave | 41. Tiny |
| 2. Collections | 25. Consumed food | 42. Big ape |
| 3. After-bath powder | 26. Monster | 44. Adult male |
| 4. Brother of Jacob | 27. A noble gas | 45. Cognizant |
| 5. Repair | 28. Comes from trees | 46. A protective covering |
| 6. Luxury boat | 29. Rebuke | 47. Models |
| 7. Curved molding | 30. Obdurate | 48. Gait faster than a walk |
| 8. Start over | 31. Breathe hard | 50. Kind of bean |
| 9. Without teeth | 33. Sleigh | 51. Unit of pressure |
| 10. Extraneous | 34. Exude | 52. Not sweet |
| 11. Intimidate | 35. Is indebted to | 53. Posterior |
| 12. Vigorously passionate | 36. Spar | 54. Therefore |
| 13. If not | 38. Willing to comply | 55. Bambi was one |



Happy July 4th!

July Crossword



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Trust in others rises as people grow older

In a cynical world, trust can seem hard to come by. But new research suggests it may grow as we get older. The World Values Survey, collecting data from more than 200,000 people in 83 nations, found that more than a third of people 80 years old or older agreed with that most people can be trusted, although just a quarter of 20-year-olds said the same.

The results were consistent regardless of nationality, gender, education, and income.

A similar study, analyzing data from the General Social Survey of 1,230 U.S. citizens over time, also found that our willingness to trust increases as we grow older.

One possible explanation: As time goes on, most people tend to simplify their lives and spend more time with their families, resulting in a more positive and generous attitude about the world.



That morning cup of coffee may be really good for you

A lot of us depend on a cup of coffee or two to get going in the morning. But coffee may have even more significant health benefits. Here's a quick look at what it may do to improve your life:

- **Melanoma.** A study by the National Institutes of Health and the AARP found that the more coffee people drink during the day, the lower their chances of developing melanoma over a 10-year period. Four cups of coffee a day was associated to a 20 percent drop in melanoma risk.
- **Multiple sclerosis.** An analysis of two studies of people diagnosed with MS (one in the U.S. and one in Sweden) found that consuming at least four cups of coffee a day appears to delay the onset of symptoms. The caffeine, researchers say, seems to have neuroprotective properties that inhibit MS development.
- **Liver cancer.** Drinkers of three or more alcoholic beverages a day may be able to cut their risk of liver cancer by drinking coffee, according to a recent World Cancer Research Fund report. Coffee and coffee extracts appear to have a preventative effect on the expression of genes involved with inflammation—an effect that's most prevalent in the liver.



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(Allow 4-6 weeks for mailing of check). This month's cash winners are:

Roy Martin.....\$100.00.....Perfect Repair & Construction	Eric Lynn.....\$5.00.....Knobloch Hearing Care
Mary Deperto.....\$10.00.....Community Roofing	Shirley Reish.....\$5.00.....Ron Wyngarden
Bill Jones.....\$10.00.....Jones & Sons Plumbing	Everett Wardell.....\$5.00.....Perfect Repair & Construction
Dale Anderson.....\$10.00.....Kathy's Cleaning	Louise Gross.....\$5.00.....Bob's Appliance
Janice Cook.....\$10.00.....Modern Pest Control	Gary Jira.....\$5.00.....Heller's Mobile Home Washing
Chris Campbell.....\$10.00.....Modern Air	Marilyn Shipley.....\$5.00.....Chambers Specialties
Angie Simon.....\$10.00.....Largo Automotive	Carole Silver.....\$5.00.....Battleline Termite
Peggy Gronek.....\$10.00.....Boss Electric	Gloria Dillie.....\$5.00.....Marti's Hair Salon
Linda Anacreonte.....\$10.00.....Ron Wyngarden	Doris Jager.....\$5.00.....Sunset Appliance Service
Patricia Osdras.....\$10.00.....Jean Satterfield	Linda Baker.....\$5.00.....Doll Brothers
James Patton.....\$10.00.....Mobile Home Depot	Sandy Anderson.....\$5.00.....Battleline Termite
Philip Scott.....\$10.00.....Knobloch Hearing Care	Darlene Coburn.....\$5.00.....Doll Brothers
Agnes Meyer.....\$10.00.....Largo Plumbing	James Erickson.....\$5.00.....Mitchell's Siding
Constance Rakoczy.....\$10.00.....Master Plumbers & Septic	Jacki & Roger Wilson.....\$5.00.....Royal Enterprise
Nancy Eickenberg.....\$5.00.....Bob's Mobile Home Washing	Donna Coffee.....\$5.00.....Boss Electric
Walter Laborn.....\$5.00.....Buggin Out	Jeannie Bovee.....\$5.00.....Debbie's Salon
Connie Beauer.....\$5.00.....Kathy's Cleaning	Peggi Dubendorfer.....\$5.00.....Bob's Mobile Home Washing
George Klett.....\$5.00.....Largo Plumbing	Shirley Wert.....\$5.00.....Dr. Peter Mason
Joe Jacobi.....\$5.00.....OE Wilson	Terrence King.....\$5.00.....sShonna Bender, LMT
Pat Rudness.....\$5.00.....Bill The Carpet Guy	Al & Donna Hartin.....\$5.00.....Dunedin Electric
John Lee.....\$5.00.....Air Masters	Mona Kovack.....\$5.00.....Air Masters
Harriette Reimer.....\$5.00.....Debbie's Salon	Carol Robertson.....\$5.00.....Sunset Appliance Service
Cheri Halm.....\$5.00.....Jones & Sons Plumbing	Thomas Cooke.....\$5.00.....Natures Resource Pest Control
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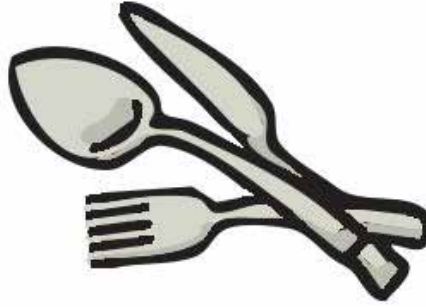
7



The state of food across the U.S.

Every U.S. state is known for something: slogans, state birds, celebrities, etc. If you're hungry, or planning your vacation menu, consider some of these official state foods found across the country:

- Alaska: Salmon (state fish)
- California: Avocado (state fruit)
- Delaware: Peach piece (state pie)
- Georgia: Grits (state prepared food)
- Illinois: Popcorn (state snack food)
- Louisiana: Sweet potato (state vegetable)
- Maryland: Smith Island Cake—a yellow cake of 8-10 layers with chocolate frosting (state dessert)
- New York: Apple muffin (state muffin)



The creative process—from the artists who know

What do professional artists, writers, and performers think about creativity? From The Guardian come these thoughts on the process from people who depend on their imagination to do their jobs:

- Guy Garvey, musician. “Just start scribbling. The first draft is never your last draft. Nothing you write is by accident.”
- Polly Stenham, playwright. “I’m very fidgety, and I seem to work best when my hands are occupied with something other than what I’m thinking about. During rehearsals, I find myself drawing little pictures or symbols that are somehow connected to the play.”
- Tamara Rojo, ballet dancer. “An idea never comes to me suddenly; it sits inside me for a while, and then emerges.”
- Mark-Anthony Turnage, composer. “If you get overexcited by an idea, take a break and come back to it later. It is all about developing a cold eye with which to look over your own work.”
- Fyfe Dangerfield, musician. “For me, the image of the tortured artist is a myth—you don’t need to be miserable to write songs. In fact, if I am feeling down, the last thing I want to do is write; though it’s important sometimes just to sit down and get on with it, however you’re feeling. Your creativity is like a tap: if you don’t use it, it gets clogged up.”

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Did you know this Emporium/Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

Thanks!

-Monthly Media Staff

AUGUST AD DEADLINE - JULY 10, 2015

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
 • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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Living Rm, Dining Rm. & Hall **\$65**
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July Sudoku

	5		9					
2	1		3			9		
			7		4			
5					7		3	
4		9	1		8	2	7	
		1			5		8	
		2		4				8
							2	
		8				4		

**Happy 4th
of July!**



1	9	4	2	7	5	8	6	3
3	2	7	6	1	8	5	4	9
8	6	5	3	4	2	6	7	1
9	8	9	5	3	4	1	2	7
5	2	7	8	6	9	1	3	4
4	3	2	9	7	1	3	4	5
2	7	5	4	8	1	2	9	6
7	5	9	6	8	3	4	1	2
6	4	3	1	2	9	7	5	8

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4. Spaghetti & Meatball
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18 ★ 2

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Support innovation with continuous learning

The more you learn, the more material you have for your creative efforts. To master lifelong learning, no matter what your ambitions are, consider these points from the Innovation Excellence website:

- **Laughter is good for the brain.** Find the humor in whatever you do. Laughter will help you remember incidents better, and also generate a sense of security which supports a well-balanced mind.
- **Learn in chunks.** Instead of trying to memorize information in big blocks, concentrate on learning a few individual points at a time. You'll retain more without the mental exhaustion of cramming.
- **Study a foreign language.** Bilingual speakers tend to process information more efficiently than those who speak only one language. People who exercise their brains by learning Spanish, Japanese, or some other tongue frequently find they don't have to work as hard performing other cognitive tasks.



Keep your mouth shut

A turtle was lying on the bank of a river one day when he heard two hunters walk by, talking about how they planned to come back the next day to catch some turtles for soup. He worried all night, because he knew he couldn't outrun the hunters, and in the morning he had a plan.

He saw two birds in the tree overhead. As the hunters approach, the turtle called out, "You up there! Would you help me escape these hunters?"

"What do you want us to do?" the first bird asked.

"I'll hold this stick in my mouth," the turtle said, "and you two pick me up and fly me to the other side of the river."

The birds agreed and flew down to the ground. The turtle clamped a thick stick between its jaws, and the birds slowly lifted him up off the ground.

As the hunters reached the riverbank, they stared in amazement. "Look at those birds! They figured out how to carry a turtle across the river! Those must be the smartest animals in the world!"

Jealous, the turtle cried out: "It was my ideaaaaaa ..."



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It Pays To Patronize the Advertisers in This Newsletter!

With our monthly cash give-a-way, **Monthly Mania**, residents can win up to \$100 for simply using the businesses in the newsletter. See the winners listing page toward the end of this newsletter for more info. We give out \$400 monthly to residents just like you!

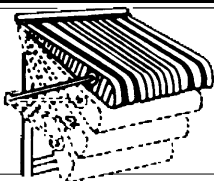
Do you want more chances to win? Let us know any businesses you would like to see advertising in the newsletter. The more advertisers you use, the more chances you have to win!



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¹⁰ ★ **www.dollbros.com** ¹⁰



Glenwood Social Club Officers for 2015

President.....Janet Green,585-7786
Vice PresidentKaren Creamer, (765) 265-9406
Secretary: Ginger Henderson, 593-1317

Treasurer:Don Bradley, 422-2206
Parliamentarian:Hilda Sinnett,586-0117

2015 Social Club Committees

Activities	Chairperson	Telephone
Bereavement Committee	Ginger Henderson.....	593-1317
Bingo	Bob Elliott.....	595-2587
	Jeanne Burket	365-3341
	Grace Dowd.....	595-1244
	Mary Cronin	596-7488
Bulletin Board	Russell Miller,	424-2939
Chaplain	Walter Parks.....	596-7181
Flags	Jim Wildes	474-3066
Gazette Delivery.....	Verbil "Izzy" Isbell	517-7803
Gazette Editor.....	Sharon Bradley	422-2206
Horseshoes	Bob Green,	585-7786
Librarian	Lucia "Chi-Chi" Ceron,.....	596-6997
Music - Social Committee.....	Jerry Archambault.....	593-3855
	Maxine Lasecki.....	474-6484
Photo Albums	Carol Smerker.....	596-7475
Posters	Judy Lee.....	596-8274
Purchasing Supplies	Judy Lee.....	596-8274
Sat. Emcees/Comics	Walter Parks.....	596-7181
Shuffleboard	Joyce Herbort.....	517-1063
Sharing and Caring.....	Mary Cronin	596-7488
	Kitty Wagner.....	596-8656
Singles Group.....	Doris Roche	595-2849
Tours & Travel.....	Joyce Herbort.....	517-1063
	Carol Smerker	596-7475
Trash 'n Treasure.....	Marilyn & Jim Alcoba	715-571-5501
Ways & Means (tickets/card party)	Judy Lee.....	596-8274
	Barbara Mucci	210-7737
	Sue Archambault.....	593-3855
Welcome Committee	Jeanne Humphrey.....	517-4371
	Janet Kane.....	596-3356





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